

THIS PACKAGE INSERT CONTAINS IMPORTANT PRODUCT USE AND SAFETY INFORMATION. PLEASE READ CAREFULLY AND RETAIN FOR FUTURE REFERENCE. It is recommended that eye care professionals review this information with their patients.



3% HYDROGEN PEROXIDE
CLEANING & DISINFECTING SOLUTION
For Use with all Soft and RGP Lenses

with
HydraGlyde®

Moisture Matrix • Ideal for Silicone Hydrogel Lenses

DESCRIPTION / CONTENTS:

The CLEAR CARE® PLUS Cleaning & Disinfecting Solution (CLEAR CARE® PLUS) system consists of: CLEAR CARE® PLUS and the special CLEAR CARE® PLUS lens case (the lens case). The lens case consists of a transparent cup (the cup) and a connected unit of screw cap, lens holders (baskets) and the neutralizer catalyst disc attached at the bottom. CLEAR CARE® PLUS and the special lens case must always be used together.

The preservative free, aqueous CLEAR CARE® PLUS contains: hydrogen peroxide 3%, phosphonic acid (stabiliser), sodium chloride (0.79%), phosphate (buffer system), PLURONIC® 17R4 (a cleaning agent), and HydraGlyde® Moisture Matrix (EOBO-21™—polyoxyethylene-polyoxybutylene, especially for silicone hydrogel soft lenses).

GOOD LENS CARE PRACTICES:

To ensure proper disinfection of your lenses, you must follow the instructions completely. Do not skip any steps. Always wash, rinse and dry your hands before handling your lenses. This will help prevent eye infections by removing dirt and oils that could get on the lenses.

DIRECTIONS FOR USE:

Never put CLEAR CARE® PLUS on your lenses and insert directly into the eye. Otherwise, burning and stinging will result. If spillage occurs, clean up immediately with a paper towel. Wash, rinse and dry your hands before handling your lenses or touching your eyes.

1. Remove and place each lens into the appropriately marked L/R domed lens holder, and thoroughly rinse with CLEAR CARE® PLUS for 5 seconds.
 - Open the lens holder marked "L". Remove your left lens and place it on the dome. Close the lens holder taking care to avoid damaging your lens.
 - Repeat the procedure with your right lens by placing it on the dome of the lens holder marked "R".
 - Open the snap cap (flip top cap) on the bottle of CLEAR CARE® PLUS and bend it back and out of the way.
 - Taking care not to splash yourself, thoroughly rinse the lenses in the lens holders with CLEAR CARE® PLUS for 5 seconds.
2. Fill the CLEAR CARE® PLUS lens cup to the fill line with CLEAR CARE® PLUS and place the lens holder in the lens cup. **DO NOT UNDERFILL OR OVERFILL.**
3. Tighten the cap (finger tight) on the CLEAR CARE® PLUS lens cup and store lenses for at least 6 hours. **DO NOT SHAKE THE LENS CASE.**
 - Store the CLEAR CARE® PLUS lens case upright.
 - If bubbles leak from the hole in the top of the lens case cap, non-neutralized CLEAR CARE® PLUS may be present. Empty the solution from the lens case and thoroughly rinse the lens cup and lens holder with sterile saline or fresh CLEAR CARE® PLUS. Clean up any spillage with a paper towel. Wash your hands thoroughly before handling your lenses or touching your eyes. **REPEAT THE DISINFECTION PROCEDURE ABOVE.**
 - Allow lenses to soak for at least 6 hours to neutralize solution.

4. After washing, rinsing and drying your hands, remove your lenses from lens holder. If desired or recommended by your eye care professional, rinse lenses before insertion with sterile saline. Your lenses are now ready to wear.
5. Discard used solution. Rinse the CLEAR CARE® PLUS lens cup and lens holder with sterile saline or fresh CLEAR CARE® PLUS - **DO NOT USE TAP WATER OR NON-STERILE WATER.** Allow the lens holder and cup to air dry. Store the lens holder cap side down, to avoid the potential for contamination.

STORAGE:

If you do not intend to wear your lenses immediately after disinfection/neutralization, you may store them in the neutralized CLEAR CARE® PLUS, in the unopened CLEAR CARE® PLUS lens case for up to 7 days. After this time, your lenses must be cleaned and disinfected with CLEAR CARE® PLUS prior to wear.

ACTIONS:

When used as directed, CLEAR CARE® PLUS provides a unique cleaning action, which removes film and debris from the lens surface. CLEAR CARE® PLUS also helps prevent serious eye infections by killing harmful microorganisms on contact lenses.

INDICATIONS (uses):

CLEAR CARE® PLUS is indicated for use in simultaneous cleaning, daily protein removal, disinfection, and storing of soft (hydrophilic) contact lenses (including silicone hydrogel lenses) and rigid gas permeable (fluoro silicone acrylate and silicone acrylate) contact lenses, as recommended by your eye care professional.

CONTRAINDICATIONS (reasons not to use):

- Do not use if you are allergic to any of the ingredients.

WARNINGS:

PROBLEMS WITH CONTACT LENSES AND LENS CARE PRODUCTS COULD RESULT IN SERIOUS INJURY TO THE EYE.

It is essential to follow your eye care professional's directions and all labeling instructions for proper use and care of your lenses and lens care products, including the lens case.

The red snap cap and dropper tip means that this product is NOT FOR DIRECT USE ON EYE.

DO NOT PUT CLEAR CARE® PLUS THAT HAS NOT BEEN NEUTRALIZED IN YOUR EYE OR USE TO RINSE LENSES. Lenses must be soaked in the provided lens case for at least 6 hours (neutralization process) prior to insertion. OTHERWISE, BURNING AND STINGING WILL RESULT.

Should non-neutralized solution get in your eye, remove your lenses immediately, flush (wash) your eyes with a large amount of water or sterile saline for a few minutes. If burning and/or irritation persist, seek assistance from an eye care professional.

DO NOT REUSE OR "TOP OFF" CLEAR CARE® PLUS IN YOUR LENS CASE. Use only fresh solution to clean and disinfect contact lenses on every cleaning occasion.

DO NOT USE A FLAT LENS CASE. Only use the provided lens case with CLEAR CARE® PLUS for disinfection and neutralization.

NEVER clean or rinse your contact lenses in your hands with CLEAR CARE® PLUS. A mild, temporary skin discoloration (bleaching) of the fingers or hands may result from contact with non-neutralized solution. Always wash and rinse your hands after exposure.

Important Safety Information

- NEVER dilute or mix CLEAR CARE® PLUS with any solution or use over the counter generic hydrogen peroxide. Generic hydrogen peroxide solutions are not intended for ophthalmic use and may contain ingredients not tested for ocular safety or toxicity. Generic hydrogen peroxide may contain ingredients that cause DISCOLORATION OR DAMAGE YOUR CONTACT LENSES.
- Do not use another solution with the provided lens case.
- NEVER touch the open bottle tip to any surface to avoid product contamination.
- NEVER transfer CLEAR CARE® PLUS to another container to avoid product contamination.
- NEVER allow your lenses to come into contact with non-sterile liquids, including tap water and saliva.
- NEVER clean your lenses with a separate cleaner immediately prior to using CLEAR CARE® PLUS. Any residual cleaner on the lenses will result in foaming, potentially causing the solution to overflow from the lens case and incomplete neutralization of CLEAR CARE® PLUS.

- NEVER swallow CLEAR CARE* PLUS, or upset stomach and vomiting may result. If non-neutralized solution is swallowed, immediately drink large amounts of water and seek professional medical assistance or contact a poison control center.
- Tell your eye care professional about the medications you take. Some medications may affect contact lens wear.
- Keep CLEAR CARE* PLUS, out of reach of children.

Be advised of the following instructions for use and warnings pertinent to contact lens wear and care:

Lens Case Care

Instruction for Use:

- DO NOT use a damaged lens case. Replace your lens case according to the directions given to you by your eye care professional or the labeling that came with the lens case.
- Do not store your lenses or rinse your lens case with water or any non-sterile solution. Use fresh solution so you do not contaminate your lenses or lens case.

WARNING:

Contact lens cases can be a source of bacterial growth. Use of non-sterile solution can lead to severe infection, vision loss or blindness.

Discard Date on Bottle

Instruction for Use:

- Discard any remaining solution 3 months after opening.
- The discard date refers to the time you can safely use contact lens care product after the bottle has been opened. It is not the same as the expiration date, which is the last date that the product is still effective before it is opened.

WARNING:

Using your solution beyond the discard date could result in contamination of the solution and can lead to severe infection, vision loss or blindness.

Contact Lens Wear

Water Activity

Instruction for Use:

You should not expose your contact lenses to water while you are wearing them.

WARNING:

Water can harbor microorganisms that can lead to severe infection, vision loss or blindness. If contact lenses have been exposed to water such as when showering or swimming, discard them and replace with a new pair. Ask your eye care professional for recommendations about wearing contact lenses during any activity involving water.

EYE PROBLEMS, INCLUDING CORNEAL ULCERS, CAN DEVELOP RAPIDLY AND LEAD TO LOSS OF VISION; IF YOU EXPERIENCE: Eye Discomfort, Excessive Tearing, Vision Changes, Loss of Vision, Eye Redness, Or Other Eye Problems

IMMEDIATELY REMOVE THE LENSES, AND PROMPTLY CONTACT YOUR EYE CARE PROFESSIONAL.

- Daily wear lenses are not indicated for overnight wear and should not be worn while sleeping. Clinical studies have shown that the risk of serious adverse reactions is increased when contact lenses are worn overnight.
- Studies have shown that contact lens wearers who are smokers have a higher incidence of adverse reactions than nonsmokers.

PRECAUTIONS:

- Always wash and dry your hands before handling your lenses.
- Always use the new lens case provided with each purchase of CLEAR CARE* PLUS.
- Check that the bottle safety seal is intact before first use. If the seal is broken or missing or if the bottle or lens case is damaged do not use the solution.
- Tightly close the snap cap (flip top cap) on the bottle after each use.
- Never use the solution after expiry date.
- Always use the solution between 15°C and 30°C (59°F and 86°F).
- Store below 30°C (86°F).
- Consult your eye care professional before changing lens care products.
- NEVER use CLEAR CARE* PLUS for heat disinfection.

ADVERSE REACTIONS (Possible problems and what to do):

If you experience persistent discomfort or irritation remove your lenses, stop using the product and consult your eye care professional.

The following problems may occur with contact lens wear: eyes sting, burn or itch (irritation), comfort is less than when lens was first placed on the eye, feeling of something in the eye (foreign body, scratched area), excessive watering (tearing) of the eye, unusual eye secretions, redness of the eye, reduced sharpness of vision (poor visual acuity), blurred vision, rainbows or halos around objects, sensitivity to light (photophobia), or dry eyes.

If you notice any of the above, IMMEDIATELY remove your lenses.

- If the discomfort or problem stops and the lenses appear to be undamaged, repeat the cleaning, disinfection and neutralization process and reinsert the lenses. Do not put non-neutralized solution in your eyes or burning and stinging will result.
- If the lens is in any way damaged, do not put the lens back on your eye. Place the lens in the lens case and contact your eye care professional.
- If the lens is not damaged but has dirt, an eyelash, or other foreign body on it, repeat the cleaning, disinfection and neutralization process and reinsert the lens. Do not put non-neutralized solution in your eyes or burning and stinging will result.
- If the problem continues, IMMEDIATELY remove the lens and consult your eye care professional.

If any of the above symptoms occur, a serious condition such as infection, corneal ulcer, neovascularization or iritis may be present. Eye problems can develop rapidly and lead to loss of vision. Seek immediate professional identification of the problem and prompt treatment to avoid serious eye damage.

Eye Care Professionals: All adverse reactions observed using CLEAR CARE* PLUS should be reported to:

Alcon Laboratories, Inc.,
6201 South Freeway, Fort Worth, Texas 76134
1-800-757-9195

alcon.medinfo@alcon.com

HOW SUPPLIED:

CLEAR CARE* PLUS is supplied sterile, in sizes ranging from 2 fl. oz. (60 ml) to 16 fl. oz. (480 ml). The bottles are marked with lot number and expiration date. A new lens case is supplied with each purchase. For packages with more than 32 fl. oz. (960 ml) of CLEAR CARE* PLUS, an additional lens case is provided.

For more information regarding this product consult your eye care professional, or write to: Alcon Laboratories, Inc., 6201 South Freeway, Fort Worth, Texas 76134

Manufacturer:

Alcon Laboratories, Inc.
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Fort Worth, Texas 76134-2099, USA

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