iReliev®

Premium Heating Pad



Model # HC-2412

Instruction Manual

CE 0120

Read this instruction manual before operation. Be sure to comply with all "CAUTIONS" and "WARNINGS" in this manual.
Failure to follow and implement according to the use and operating instructions can cause harm to the user or heating pad.

INDICATIONS

The heating pad is intended for over-the-counter use. However, if you have any medical questions, we strongly encourage you to consult with your physician regarding indications for use of this heating pad.

Indications for Use

The iReliev® Premium Heating Pad is for active treatment as per intended use:

- For temporary relief of pain associated with sore and aching muscles in the lower back due to strain from exercise or normal household and work activities.
- For temporary relief of pain associated with sore and aching muscles in the upper and lower extremities (arm and/or leg) due to strain from exercise or normal household and work activities.
- For use by healthy adults for the stimulation of healthy muscles to improve or facilitate muscle pain.

TABLE OF CONTENTS

INDICATIONS 2
CONTRAINDICATIONS AND WARNINGS 4
STEP BY STEP INSTRUCTIONS 5
WHAT'S INCLUDED 6
HEATING PAD FEATURES, CARE AND MAINTENANCE 7
TECHNICAL SPECIFICATIONS 8
WARRANTY 9
REGISTER 10-11

CONTRAINDICATIONS

The premium heating pad should not be used on people with cardiac demand pacemakers.

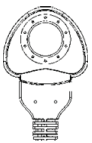
⚠ WARNINGS

- READ ALL INSTRUCTIONS.
- DO NOT USE WHILE SLEEPING.
- NEVER LEAVE THIS APPLIANCE UNATTENDED, ESPECIALLY IF CHILDREN ARE PRESENT.
- DO NOT USE ON AN INFANT.
- DO NOT USE ON AN ANIMAL.
- THIS PAD IS NOT TO BE USED ON OR BY AN INVALID, SLEEPING OR UNCONSCIOUS PERSON, OR A PERSON WITH POOR BLOOD CIRCULATION UNLESS CAREFULLY ATTENDED.
- THIS PAD IS NOT TO BE USED ON A PERSON WITH DIABETES.
- DO NOT USE ON AREAS OF INSENSITIVE SKIN.
- BURNS CAN OCCUR REGARDLESS OF CONTROL SETTING, CHECK SKIN UNDER PAD FREQUENTLY.
- DO NOT USE IN AN OXYGEN ENRICHED ENVIRONMENT.
- DO NOT USE PINS OR OTHER METALLIC MEANS TO FASTEN THIS PAD IN PLACE.
- DO NOT SIT ON OR CRUSH PAD – AVOID SHARP FOLDS.
- POSITION PAD ON TOP OF, AND NOT UNDERNEATH, THE BODY. HEAT LEVEL MAY INCREASE WHEN HEAT IS TRAPPED.
- NEVER USE PAD WITH LINIMENTS, OINTMENTS OR SALVES, ESPECIALLY THOSE CONTAINING HEAT-PRODUCING INGREDIENTS, AS SKIN BURNS COULD RESULT.
- NEVER PULL THIS PAD BY THE SUPPLY CORD.
- NEVER UNPLUG PAD FROM ELECTRICAL OUTLET WITH A WET HAND.
- IF USING AN EXTENSION CORD WITH THIS PAD, THE MARKED ELECTRICAL RATING OF THE CORD SET/EXTENSION CORD SHOULD BE AS GREAT AS ELECTRICAL RATING OF THE PAD (SEE ELECTRICAL SPECIFICATIONS SECTION). USE THIS PAD ONLY ON A 120 VOLT AC ELECTRICAL OUTLET. UNPLUG WHEN NOT IN USE.
- DO NOT USE THE CORD AS A HANDLE.
- DO NOT BEND OR PINCH THE CORD AND DO NOT USE THIS PAD IF IT HAS A DAMAGED POWER CORD OR PLUG, IF IT MALFUNCTIONS, HAS BEEN DROPPED, OR IS DAMAGED. THIS PAD HAS NO USER-SERVICEABLE PARTS. IF FOR ANY REASON THIS PAD DOES NOT FUNCTION SATISFACTORILY, PLEASE CONTAT US FOR A REPLACMENT. WE OFFER A LIFETIME WARRANTY.
- LOOP CORD LOOSELY WHEN STORING, TIGHT WRAPPING MAY DAMAGE CORD AND INTERNAL PARTS.
- THIS PRODUCT IS INTENDED SOLELY FOR PERSONAL USE. DO NOT USE THIS PRODUCT OUTDOORS OR FOR ANY OTHER PURPOSE.

SET UP PROCEDURES

For best results, we recommend using the weighted heating pad in either a lying or sitting position.

1. Locate cord connector on the product near the care instructions label.
2. Do not plug into the wall outlet until you have connected the controller cord to the product.
3. To connect the cable to the connector, align the connector and cable arrows and push gently until it locks.
4. Plug the power cord into a 110-120 wall outlet.
5. Make sure all cords are tangle free and not trapped or pinched in any way, including but not limited to between mattress and box spring, sofa cushions, against wall, chairs, or other furniture.
6. Do not wrap the controller in the throw while in use.
7. Do not use with generator power.
8. To disconnect the controller, first unplug the cord from the outlet, then pinch sides of the connector and pull apart.



locate and align arrows



Plug into wall outlet

Caution: The cable must be fully plugged in. A loose connection could cause a fire hazard.



This heating pad has a polarized plug (one blade is wider than the other) as a safety feature. This plug will fit into a polarized outlet only one way. If the plug does not fit fully into the outlet, reverse the plug. If it still does not fit, contact a qualified electrician.

DO NOT ATTEMPT TO OVERCOME THIS SAFETY FEATURE.

WARNING: Do not use this heating pad with other heating pads/electric blankets under sheets. The heating pad will shut off automatically after 1.5 hours.

WHAT'S INCLUDED

The iReliev® Heating Pad

1. Heating Pad (1)
2. Hand Control (1)
3. Carry Bag (1)
4. Operating Manual (1)



HEATING PAD FEATURES

- Weighted Heating Pad Blanket
- Auto off in 90 minutes
- Adjustable up to 176°F Heat Settings
- Detachable controller
- 12" x 24" Heating Pad Size

CARE & MAINTENANCE

- Disconnect the power cord from the electrical outlet.
- Make sure the receptacle on the Pad Connector is disconnect from the wire.
- Hand wash or spot clean only.
- Line dry or lay the Pad flat to dry.
- Make sure the product is completely dry before the next use.
- To store the product, loosely roll the Heating Pad into a folded
- position and then store it in a cool, dry location after each use. Avoid sharply folding the Heating Pad.
- NEVER place in dryer or hang to dry.





TECHNICAL SPECIFICATIONS

- Weighted Heating Pad
- Size: 12" x 24" Black Color
- Material: Black Coral fleece and warp knitting fabric
- Power: 160W
- Voltage: 100-120V
- 3 heat settings with LED indicator
- Auto off in 90 minutes
- Overheating protection

NOTE: Above temperatures are based on laboratory test data, temperatures may vary according to the practical application environment.

WARRANTY

This iReliev® Premium Heating Pad carries a one-year warranty from the date of purchase.

The warranty applies to the heating pad, necessary parts, and labor relating thereto.

The warranty does not apply to damage resulting from failure to follow the operating instructions, accidents, abuse, alterations, or disassembly by unauthorized individuals.

ExcelHealth Inc. dba iReliev® Products reserves the right to replace or repair the unit at our discretion.

ExcelHealth Inc. dba iReliev Products
Attn: Warranty
5825 Park Vista Circle,
Fort Worth, TX 76244

www.iReliev.com

Phone: 855-723-2582

Email: WeCare@iReliev.com

THANK YOU FOR PURCHASING

Your new iReliev® Premium Heating Pad is one of the best in the industry, and in many ways, leads the industry, particularly in the warranty coverage and customer satisfaction. Customer satisfaction is a key factor in every iReliev® transaction.

ExcelHealth Inc. dba iReliev Products has a passion for affordable, all-natural pain relief products. At iReliev®, word-of-mouth recommendations result in a large percentage of our business. This is a testament to our excellent product value and customer satisfaction.

OTHER iReliev® PRODUCTS



iReliev Massager
This super quiet massager provides rapid 10mm strokes deep into muscle tissue. This can significantly increase capillary supply and blood flow to the area helping to offer pain relief as well as increase range of motion and function.



iReliev Wireless TENS + EMS
Experience the freedom of wireless TENS + EMS muscle stimulation coupled with powerful medical grade strength technology and a low-profile design. Relieve pain and recover sore muscles with the wireless iReliev System.



iReliev®

ExcelHealth Inc.
www.iReliev.com
5825 Park Vista Circle
Fort Worth, TX 76244

If you have any questions whatsoever regarding your
iReliev® Premium Heating Pad
Model # HC-2412 contact your reseller or ExcelHealth Inc. at:
855-723-2582 or visit www.iReliev.com