

QUICK START GUIDE

Fluticasone Propionate Nasal Spray



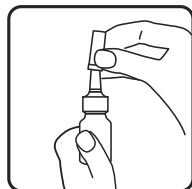
GET THE RELIEF YOU NEED

Fluticasone Propionate Nasal Spray can relieve your allergy symptoms. For best results, it's important to get a full dose. Here's how, in five easy steps.

1 Shake



Gently shake spray bottle.



Remove clear cap.

2 Prime

Do this when:

- Starting new bottle
- Haven't used it in a week
- Just cleaned nozzle

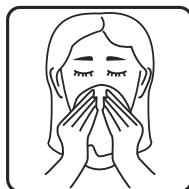
Otherwise go to step 3.



Aim away from face. Grasp spray bottle as shown. Pump until fine mist appears.

Pumped six times and still no mist? Spray nozzle may be clogged. See **KEEP IT CLEAN**.

3 Blow



Blow nose gently to clear nostrils.

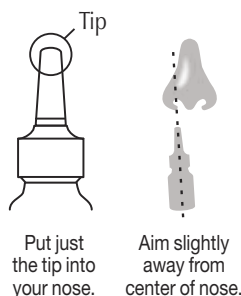


Warning
Do not spray in your eyes.
Only for use in your nose.

4 Aim



Close one nostril and put tip of spray nozzle in other nostril.



Put just the tip into your nose.

Aim slightly away from center of nose.

5 Breathe and Spray



While sniffing gently, press down on spray nozzle once or twice (according to dosing instructions). You'll feel a light mist in your nose. Breathe out through your mouth.

Repeat in other nostril.

Wipe spray nozzle with clean tissue and replace cap.



USE THE RIGHT DOSE

Fluticasone Propionate Nasal Spray works best when you use it daily. Here's how to get started.

Children age 4-11

1x  1x

An adult should supervise use

Use one spray in each nostril once daily.

Don't use more than one spray in each nostril per day.

If you miss a dose, just use your regular dose the next day. Don't add an extra dose.

Check with a doctor if a child needs to use Fluticasone Propionate Nasal Spray for longer than two months a year.

Users age 12 or older

2x  2x

In your first week

Use two sprays in each nostril every day.

Don't use more than two sprays in each nostril per day.

After your first week

If your symptoms are under control, you may reduce to one spray in each nostril every day. If your symptoms get worse, go back to two sprays in each nostril.

If you miss a dose, just use your regular dose the next day. Don't add an extra dose.

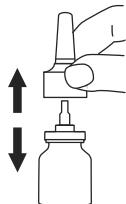


KEEP IT CLEAN

A clean spray nozzle helps ensure a full dose. Clean it weekly, or if it's clogged. Don't try to unblock nozzle with pin or sharp object — that can damage it.

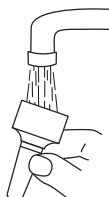
1

Remove spray nozzle by grasping at base and pulling up.



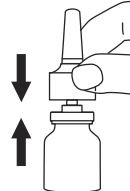
2

Rinse under running tap, and dry at room temperature.



3

Aim away from your face and gently replace spray nozzle until you hear a soft click.



4

If spray nozzle is clogged, soak in warm water. Then repeat steps 2 and 3.

